

# Sheet Pan Italian Sausage and Peppers

Courtesy of: [www.thebetterhomelife.com](http://www.thebetterhomelife.com)

## Ingredients:

- 2 Pounds Fresh Italian Sausage Links
- 3 Bell Peppers, sliced
- 1 red onion, sliced
- 1 yellow onion, sliced
- 2 Tablespoons olive oil
- 1 tablespoon Italian seasoning

## Instructions:

Start by tossing the peppers and onions with olive oil and Italian seasoning.

Line a sheet pan with parchment paper. Place the Italian sausages on one side of the sheet pan and the seasoned veggies on the other side.

Preheat the oven to 375 degrees F. Bake the Sausages and veggies for 15 minutes then flip the sausages and toss the veggies. Bake for another 10-15 minutes or until the internal temperature of the sausages is 165 degrees F.

Serve on a hoagie bun or with a side of pasta.