

# Breakfast Casserole

Courtesy of: [www.thebetterhomelife.com](http://www.thebetterhomelife.com)

## Ingredients:

10 eggs  
2 cups cubed ham cooked or smoked  
2 cups cooked rice  
1 cup milk  
1.5 cups shredded cheddar cheese  
½ cup minced onion  
1 dash worcestershire sauce  
½ teaspoon fresh ground pepper

Preheat Oven or Traeger to 350 degrees F. Crack eggs into a mixing bowl, whisk lightly. Add the milk, whisk lightly. Mix in the remaining ingredients. Pour into a greased 9 x 11 inch pyrex baking dish. Bake uncovered for 35-40 minutes or until eggs are set.