

Quick and Easy Chili

Courtesy of: www.thebetterhomelife.com

Ingredients:

- 2 pounds ground beef
- 4 15-ounce cans tomato sauce
- 2 14.5-ounce cans diced tomatoes with juice
- 1 15.5-ounce can kidney beans, drained and rinsed
- 1 15.5-ounce can black beans, drained and rinsed
- 1 15.5-ounce can chili beans, with sauce
- 1 large onion, minced
- 2 tablespoons olive oil
- 1/4 cup chili powder
- 1 teaspoon cumin
- 2 teaspoons garlic powder
- 2 tablespoons cocoa powder

Directions:

Start by browning the ground beef. Once it is fully cooked, drain it and set it aside. Next sauté the onion in the olive oil. When the onion is softened, add the tomato sauce and mix well. Add the drained meat, beans and diced tomatoes, mix well. Add the remaining ingredients and mix until well combined. Continue to heat until warm and bubbly. Taste and add additional seasoning if desired. Simmer on low for about 20 min.